



MONROE COUNTY YMCA

SOUTHEAST BRANCH
2125 South Highland Avenue
Bloomington, IN 47401
812-332-5555

For class descriptions and more program information, see program catalog or monroecountyyymca.org

Prices are listed for members/non-members

ADULT SPORTS FALL 2016 Southeast Branch

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RACQUETBALL

RACQUETBALL RESERVATIONS, FEES, & POLICY

- Reservations can be made up to one week in advance.
 - Members age 12 and over may play without adult supervision.
 - Court fee is due on day reservation is made. Only credit cards will be accepted for reservations made by phone. We highly encourage members to purchase a Racquetball Pass. Reservations: \$2.00 Walk-on: No Fee
- Racquetball Pass: Save Money! Purchase 15 reservations for \$25 at the Welcome Center.
YMCA members only.

RACQUETBALL LESSONS

By appointment only \$15/\$30 per hour

RACQUETBALL LEAGUES

Both A and B skill levels available.
Minimum age: 16
M/W 5:00-10:00 pm \$25/\$40 per person

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ADULT BASKETBALL LEAGUE

Both competitive and recreational divisions will be offered.
Season starts October 2.
Sun 4:00-10:00 pm Team Fee - \$415
South Court

Questions? Contact Matt Osgood, 961-2157 or email mosgood@monroecountyyymca.org.

2016 FALL ENDURANCE PROGRAM

September 13 - December 18
• Introductory meeting: Tuesday, September 13, 6:00 pm
YMCA Program Room

Wrap-up or get started with your Fall, end-of-the-year training. Learn or become more efficient and purposeful with each foot in front of the other. Balance training, nutrition, and recovery with your workouts. Make resistance training key to the overall health and wellness picture. This program is designed to get you out the door on two feet. We will design programming for specific distances (5k, 10k, half-marathon, marathon) to your needs.

Training days/times:
T 6:00-7:30 pm
Th 6:00-7:30 pm
Sat 8:00-9:00 am

\$65/\$160

Questions? Contact Margie Kobow, 961-2175 or email mkobow@monroecountyyymca.org.