



MONROE COUNTY YMCA

Gymnastics Center
next to SE Branch
1917 S. Highland Ave.
Bloomington IN 47401
812-961-2187

Questions? Contact Michelle Stroud, 812-961-2187
or email mstroud@monroecountyyymca.org.

Prices are listed for members/non-members

GYMNASTICS CENTER Summer

June 6 - July 3
July 5 - 31
August 1- 28

OPEN GYMS

Age 5 and under: Parent Participation required-free play. Non-instructional, supervised.

Age 6 and up: Non-instructional- supervised gym time. Participants must have waivers on file and sign a gym rules agreement.

Sun 1:00 pm-3:00 pm (age 6 and up) price per person: \$4/\$9
Sat (all ages) 2:00-3:00 pm price per family: \$2/\$5

TINY TUMBLERS (age 2 1/2-3) \$14/\$27 Drop In Option- \$4/\$7
Parent Participation required- structured class. Helps prepare children for Mini Flippers class.

Sat 9:30-10:00 am

MINI FLIPPERS (age 3-4) \$14/\$27

Children must take at least one session of this class before registering for Kids in Motion at 3 1/2. Instructor will determine if students are ready to move up.

M 5:00-5:30 pm
W 5:00-5:30 pm
Sat 10:15-10:45 am

KIDS IN MOTION (age 3 1/2-6) Level 1 \$23/\$36
LITTLE STARS (age 4-6) Level 2 \$23/\$36

Kids in Motion will focus on fundamental skills such as rolls, beginning cartwheels, and handstands. Little Stars will begin to perfect those skills.

Early Development Classes

Kids In Motion Level 1		Little Stars Level 2	
M	5:30-6:30 pm	M	6:45-7:45 pm
T	4:30-5:30 pm	T	4:30-5:30 pm
W	5:40-6:40 pm	W	5:40-6:40 pm
Th	5:40-6:40 pm	Th	5:40-6:40 pm
Sat	10:15-11:15 am	Sat	10:15-11:15 am

BRONZE (level 1) \$23/\$36

This class is for beginners focusing on fundamentals such as cartwheels, handstands, bridges, and basic shapes on floor. They will also learn fundamental skills on beam, uneven bars, and vault.

M 6:45-7:45 pm
T 4:30-5:30 pm
W 4:30-5:30 pm
Th 5:40-6:40 pm
Sat 11:15 am-12:15 pm

SILVER (level 2) \$31/\$49

Level 2 of our Progressive Program this class builds on the Bronze class by continuing to build on fundamental skills. Students have mastered the cartwheel and handstand and will now move onto round offs, limbers, kick overs, and walk overs. Students must have a pull over on bars to enter this level.

M 5:30-7:00 pm
T 4:30-6:00 pm
W 5:00-6:30 pm
Th 5:30-7:00 pm
Sat 10:45 am-12:15 pm

GOLD (level 3) \$38/\$60 **PLATINUM** (level 4) \$38/\$60

In Level's 3 and 4 students have mastered the skill sets in the previous levels and now should have a good foundation to build on. In level 3 handsprings will be taught and/or fine tuned. Level 4 is for the advanced gymnast who does not want to move into competition and would like to continue progressing for fun.

M 5:30-7:30 pm
T 4:30-6:30 pm
W 5:00-7:00 pm
Sat 10:45 am-12:45 pm

TEAM PREP CLASS Must be a Y member/\$96 monthly tuition. Please email Michelle Stroud for details. Information packet available upon request.

BOYS TUMBLING/VAULT/BARS (Age 5 older-no exceptions) \$23/\$36

A class strictly for boys who want to learn gymnastics! They will focus on tumbling, vault, and bars.

T 5:45-6:45 pm
W 6:45-7:45 pm

TUMBLING AGES (Age 7-18) \$23/\$36

With a focus on tumbling, students will work through drill stations to strengthen skills that they individually need to master.

A minimum of a round off is needed to register for this class.

Th 6:30-7:30 pm

Note: July 4 classes will be prorated to 3 weeks.

